



# sandiegocountylibraryevents

## Casa de Oro Library

9805 Campo Road Suite 180  
Spring Valley, CA 91977  
619-463-3236

## MARCH 2018

## Library Hours

MON & WED 9:30am-6pm  
TUE & THU 9:30am-8pm  
FRI & SAT 9:30am-5pm

### PROGRAM HIGHLIGHT

**Healthy Living For Your Brain & Body** is a special presentation by the Alzheimer's Association, San Diego chapter. Learn how science is able to provide insights into how to make lifestyle choices that may help you keep your brain and body healthy as you age. Light refreshments will be provided.

Tuesday March 27<sup>th</sup> 12-1pm

### STORY TIMES

Story Times are designed to stimulate language development in children through music, repetition, and reading. Mr. Dave puts on a full show with songs, costumes, and more. Come see!

#### Baby & Toddler Story Time

Wednesdays 10:30-11:30am

#### Preschool Story Time & Craft

Thursdays 11am-12pm

### AFTERSCHOOL

**After School Spot** gives kids and teens a chance to unwind post school. Play games, create, do homework, or do nothing at all. Tuesdays 2:30-4pm

**S.T.E.A.M. Team** is a weekly after school program where kids will be exposed to science, technology, engineering, the arts, and more. Wednesdays 3-4pm

**Travel Around The World After School.** Kids & teens can watch a fun video series, practice handwriting, color the flags, or just hang out. It's your world – let's explore it! Thursdays 3-4pm

### SPECIAL NEEDS

**G.A.M.E.R.S.** A program for our adults with developmental disabilities and their caregivers. We provide various activities for all independence levels. Adaptive Yoga class on select Tuesdays. Mondays & Tuesdays 9:30am-12:30pm

### ADULTS

**Classic Movie Night** happens monthly on the first Thursday. This month's movie features a disfigured soldier and a homely girl who find romance and beauty in an enchanted cottage.

Thursday March 1<sup>st</sup> 5-8pm

**Acrylic Painting For Adults** is taught by one of our community members. We'll provide the supplies!

Saturday March 3<sup>rd</sup> 10-11am

**Silver Sneakers Yoga:** Move your whole body through a complete series of seated and standing yoga poses.

Wednesdays 12-1pm

**Let's Get *Healthy* Cooking:** Adults will learn new recipes and get to taste as well.

Saturday March 10<sup>th</sup> 10-11am

**Sewing Circle** is a new program for anyone who wants a designated time & place to work on any sewing, knitting, crocheting, or other textile arts.

Saturday March 17<sup>th</sup> 10am-12pm

**Quilling For Adults:** Let your inner artist out with this surprisingly creative art form.

Saturday March 24<sup>th</sup> 10-11am

**Better Handwriting For Adults** is a new program where we will share tips and exercises to help improve your handwriting. We'll also provide writing prompts and practical writing tips.

Saturday March 31<sup>st</sup> 10-11am

### BOOK CLUBS

**Coffee & Conversation Book Club** is a group of intelligent women who discuss a wide variety of fiction and nonfiction. In March they will be discussing The Lady In Gold by Anne-Marie O'Connor.

Friday March 2<sup>nd</sup> 10:30-12:30pm


**Our Book Club** is a book club for men and their unique perspective. They will be discussing The Jealous Kind by James Lee Burke.

Monday March 12<sup>th</sup> 12:30-1:30pm

**Mystery Book Club** will be discussing Creole Bell by James Lee Burke. Friday March 16<sup>th</sup> 10:30-11:30am

Your library offers hundreds of free events and classes. Find them at [www.sdcl.org](http://www.sdcl.org).



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>Would you like help in learning how to access the ebooks and other online content your library provides? Make an appointment with your librarian for hands-on help. Please call 619-463-3236 and speak with Allyson to schedule a time convenient for you.</p>				<b>1</b> Preschool Story Time & Craft 11am-12pm Around The World After School 3-4pm Classic Movie Night 5-8pm	<b>2</b> Coffee & Conversation Book Club 10:30-12:30pm	<b>3</b> Acrylic Painting for Adults 10-11am
<b>4</b>	<b>5</b> GAMERS 9:30-12:30pm	<b>6</b> GAMERS 9:30-12:30pm After School Spot 3-4pm	<b>7</b> Baby & Toddler Story Time 10:30-11:30am Yoga 12-1pm STEAM Team 3-4pm	<b>8</b> Preschool Story Time & Craft 11am-12pm Around The World After School 3-4pm	<b>9</b>	<b>10</b> Let's Get <i>Healthy</i> Cooking 10-11am
<b>11</b>	<b>12</b> GAMERS 9:30-12:30pm Our Book Club 12:30-1:30pm	<b>13</b> GAMERS 9:30-12:30pm After School Spot 3-4pm	<b>14</b> Baby & Toddler Story Time 10:30-11:30am Yoga 12-1pm STEAM Team 3-4pm	<b>15</b> Preschool Story Time & Craft 11am-12pm Around The World After School 3-4pm	<b>16</b> Mystery Book Club 10:30-11:30am	<b>17</b> Sewing Circle 10-12pm
<b>18</b>	<b>19</b> GAMERS 9:30-12:30pm	<b>20</b> GAMERS 9:30-12:30pm After School Spot 3-4pm	<b>21</b> Baby & Toddler Story Time 10:30-11:30am Yoga 12-1pm STEAM Team 3-4pm	<b>22</b> Preschool Story Time & Craft 11am-12pm Around The World After School 3-4pm	<b>23</b>	<b>24</b> Quilling For Adults 10-11am
<b>25</b>	<b>26</b> GAMERS 9:30-12:30pm	<b>27</b> GAMERS 9:30-12:30pm Healthy Living For Your Brain & Body 12-1pm	<b>28</b> Baby & Toddler Story Time 10:30-11:30am Yoga 12-1pm	<b>29</b> Preschool Story Time & Craft 11am-12pm	<b>30</b> The library will be closed in observance of Cesar Chavez Day	<b>31</b> <b>Library's open today!</b> Better Handwriting For Adults 10-11am